

Discover the power of the blood of Jesus

Proclaiming & Prophesying on Yourself

To discover the power of the blood of Jesus, we suggest **starting** by proclaiming the **12 statements** of the blood of Jesus upon yourself. As you will see, it will only take a few minutes.

It may be better to do this for a while before you add the second step, i.e. **prophesying** over the organs and members of your inner man.

Guidelines

Follow these guidelines to experience the true and full effectiveness of this prayer:

- **Move slowly:** Do not rush into praying and proclaiming. First, give yourself a chance to read and meditate on the biblical references for each statement and each prophecy to better understand their biblical foundation and spiritual work and effect.
- The fruits will be small unless you pray and proclaim the statements and prophecies **regularly, daily or weekly if possible, or whatever rhythm suits you best**. However, consistency and being regular is an important factor for witnessing the divine work and effect of these prayers. We encourage you to commit to this prayer for a few weeks or a specified longer time to experience its results.
- Make the 12 statements of the blood of Jesus a **part of your prayer time**, e.g. after **praying the psalms**. You may repeat each of the statements more than once, and/or prostrate yourself after each, some, or all the statements, depending on the leading of the Holy Spirit.
- Always pray the **12 statements before** moving on to prophesying over your organs. This prepares the ground and provides the spiritual protection you need. To prophesy is to break the bonds of the evil one that hinder the proper growth and function of the inner organs—so, expect resistance and arm yourself against it.

- Do not rush into prophesying over your whole inner man, but **begin with your heart**, for ‘out of it spring the issues of life’ (Proverbs 4:23). Do this for a while and wait for the Holy Spirit or your spiritual mentor to lead you on.
- Next, you can prophesy over your soul, and then over any other part of your inner man. You may start with those members or **organs of your body that you feel need particular attention, healing, or special anointing related to your ministry**, for example your tongue and words, or your eye.
- If possible, seek the **guidance of a spiritual mentor, spiritual father or mother** who has experienced the effect of these prayers and prophecies in his/her life and can hand this down to you.
- Again, doing less, but **consistently** and every day, is of much greater impact (really!) than covering much but only as a one-off or sporadically or superficially.

Why is consistency important?

Like with anything in life, be it exercise, learning, or taking medication, if one does not do them regularly in a consistent way, their effect will be diminished. The same happens in the spiritual life because we are spiritually nourishing and training an inner man.

Not only this, but the Bible clearly highlights this principle, especially in the book of Acts where we read about the apostles who continued in prayer and fellowship in a regular and consistent way:

‘And they were continuing steadfastly in the teaching of the apostles, and the fellowship, and the breaking of the bread, and the prayers’ (Acts 2:42, YLT).

‘These all were continuing with one accord in prayer and supplication, with women, and Mary the mother of Jesus, and with his brethren’ (Acts 1:14, YLT).

Get it all: The book “Prayers and Prophesying: Build Up Your Inner Man” contains the complete statements and prophecies plus additional explanations. You can get a copy on our website.

Discover the power of the blood of Jesus – **Why** is consistency important?

Get in touch: If you seek more information or want to tap on our experience with these statements and prophecies, please contact us.

Prayers are on the next page ↓

Statements of the blood of Jesus

1. The blood of Jesus has redeemed me from the hand of Satan.[1] [2]
2. The blood of Jesus has redeemed me from every curse.[3]
3. The blood of Jesus has sealed an eternal covenant for me.[4]
4. The blood of Jesus has reconciled me to and granted me peace with: God, the Father, all people and all creation.[5]
5. The blood of Jesus has granted me forgiveness of all my sins.[6]
6. The blood of Jesus, the son of God, cleanses me from all sin.[7]
7. The blood of Jesus justifies me from all condemnation, so all the accusations of the devil against me are nullified; He makes me righteous as though I have never sinned.[8]
8. The blood of Jesus sanctifies me and consecrates me so I become belonging to my Lord, dedicated to Him and set apart for His ministry.[9]
9. The blood of Jesus cleanses my conscience from acts that lead to death so that I may serve the Living God.[10]
10. The blood of Jesus makes me enter the Most Holy Place to serve the Holy God.[11]
11. The blood of Jesus grants me victory over Satan and all his principalities.[12]
12. The blood of Jesus is the reason for my everlasting rejoicing.[13]

* (Prostrations) [14]

Prophecy to Your Heart

The power of the blood of Jesus on my heart (R)

It will not be a corrupt heart[15] or a hard heart of stone;[16] but a new heart, a compassionate heart of flesh.[17]

It will not be an uncircumcised heart that is hardened;[18] but, a circumcised heart that is tender,[19] a heart that strikes me whenever I sin.[20]

It will not be a stubborn[21] or an apathetic heart;[22] but, a submissive and willing heart[23] that obeys eagerly.

It will not be a heart bound up with folly[24] or delusion;[25] but, a heart of wisdom.[26]

The power of the blood of Jesus on my heart (R)

It will not be a faint heart that disheartens others;[27] but, a steadfast and established heart.[28]

It will not be an evil heart of unbelief;[29] but, a sincere heart in full assurance of faith.[30]

It will not be an unclean heart with an evil conscience[31] or wicked intentions, but a clean pure heart.[32]

It will not be a divided heart,[33] but a loyal heart.[34]

The power of the blood of Jesus on my heart (R)

It will not be a proud heart,[35] but a humble and meek heart.[36]

It will not be a puffed-up heart,[37] but a broken and contrite heart.[38]

It will not be an anxious or disturbed heart,[39] but a calm and quieted heart.[40]

It will not be a perverse heart,[41] but an upright heart.[42]

The Lord will give me a new heart and will put a new spirit in me.[43] (R) The Lord will put His laws in my heart and write them on the tablets of my heart.[44] (R)

* (3 Prostrations)[45]

Biblical references

[1] Ephesians 1:7

[2] R = repeat; all 12 statements can be repeated 3 times for proclamation

[3] Galatians 3:13

[4] Hebrews 13:20

- [5] Ephesians 2:13-16; Colossians 1:20
- [6] Ephesians 1:7
- [7] 1John 1:7
- [8] Romans 3:24; 5:9
- [9] 1Peter 1:2
- [10] Hebrews 9:14
- [11] Hebrews 10:19
- [12] Revelation 12:11
- [13] Revelation 7:14, 17; 19:6-7 (by the blood of Jesus, they overcame, made their clothes white, and received the constant comfort of the Lamb –divine joy accompanied them).
- [14] Here, you can prostrate once or 3 times according to your preference.
- [15] Deuteronomy 32:5; 9:12
- [16] Deuteronomy 15:7; Ezekiel 36:26; Romans 2:5; Mark 10:5
- [17] Ezekiel 11:19; 36:26
- [18] Jeremiah 9:26; Mark 6:52
- [19] Deuteronomy 10:16; 30:6; Jeremiah 4:4
- [20] 1Samuel 24:5; 2Samuel 24:10 (the heart of David)
- [21] Deuteronomy 21:18
- [22] 1Samuel 15:22-23 (the heart of Saul)
- [23] 1Chronicles 29:17-18; Psalm 51:12
- [24] Proverbs 22:15
- [25] Isaiah 44:20; 1John 4:6
- [26] Psalm 90:12
- [27] Deuteronomy 20:8
- [28] Psalm 112:7-8
- [29] Hebrews 3:12
- [30] Hebrews 10:22
- [31] Hebrews 10:22
- [32] Acts 15:9; 1Peter 1:22; Psalm 51:10
- [33] Psalm 86:11
- [34] 1Chronicles 28:9; 2Chronicles 15:17
- [35] Deuteronomy 8:14
- [36] Matthew 11:29
- [37] Habakkuk 2:4
- [38] Psalm 51:17
- [39] Isaiah 7:2
- [40] Isaiah 26:3 (when a person trusts in the Lord with all his heart, his heart is filled with peace and quietness, Proverbs 3:5-6)
- [41] Proverbs 3:32; 11:20
- [42] 1Chronicles 29:17
- [43] Ezekiel 11:19; 36:26-27
- [44] Hebrews 8:10; Psalm 37:31; 2Corinthians 3:2-3; Jeremiah 17:1
- [45] Here, you can prostrate once or 3 times according to your preference.